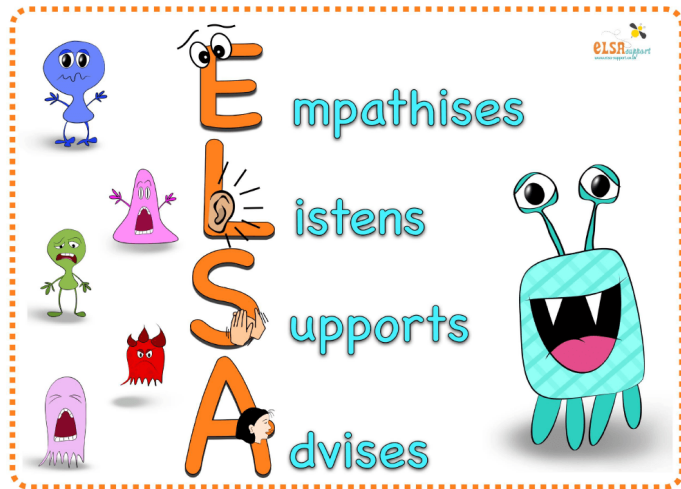


E.L.S.A

E.L.S.A Emotional Literacy Support Assistant



Miss Kearns
Lead E.L.S.A

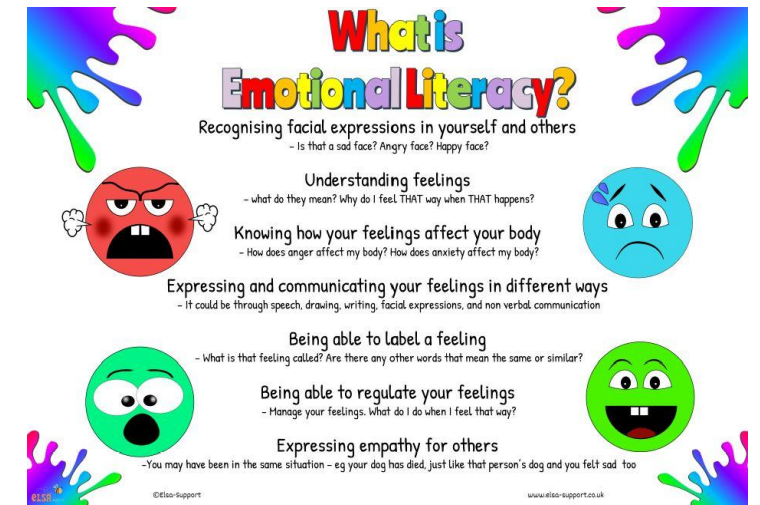


Meet the team

Miss H
E.L.S.A



What do we do?



An E.L.S.A works in the school to help children with a variety of challenges. These include managing emotions, developing their social skills, coping with loss or a bereavement, building on self-esteem, and assisting with anger management. Miss Kearns and Miss H work closely alongside the children during a 6-week intervention programme, where they will use counselling skills such as solution focus and friendship building skills to guide children through areas of their school day and general daily life, they may find challenging.

Alongside our group and one to one interventions, Miss Kearns also runs a lunchtime wellbeing club for children to come along to if they need a safe space to relax and chat. The lunch club includes board games and mindful creative activities to allow children to express themselves.