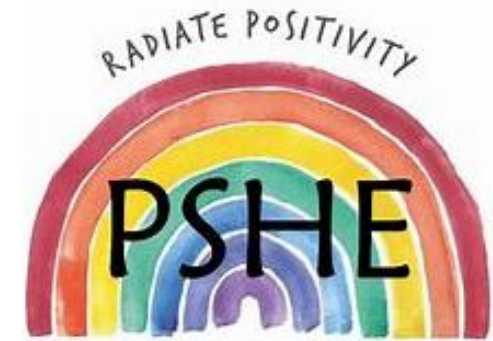


# PSHE



- *PSHE is a vital tool for living in our modern society . With increasing awareness of mental health it is vital from a young age that children leave school with embedded personal, social, health and emotional skills so they become well - rounded individuals who know a range of tools to help support them in these areas.*
- *Here at First Primary School, we recognise the importance of PSHE and continue to maintain a high profile for the subject within our school through everyday situations and separately taught lessons that teach the vital skills in supporting children to manage their emotional well-being.*
- *High quality, evidence-based and age-appropriate teaching of these subjects can help prepare pupils for the opportunities, responsibilities and experiences of adult life. They can also enable schools to promote the spiritual, moral, social, cultural, mental and physical development of pupils, at school and in society. The school council will also support children's voices being heard and contributing to school life.*